

A family of four is shown in a close-up, smiling and looking at a smartphone held by the mother. The father is on the right, and two children are in the center. The background is a light-colored brick wall.

# **How can I help my child ease into learning with a Personal Learning Device?**

**START IT RIGHT!**

**It is never too late to establish norms and routines for device use. Establish clear expectations about the use of devices, and help your child to develop good digital habits at the onset.**

# 1 Talk about Learning Online



- Share your **thoughts and concerns** about learning with the PLD.
- Ask your child to share with you **tips they have learnt** from school about **keeping safe online**.

## 2 Set Expectations and Routines together



- Establish **routines** as a family
- Healthy **balance** of online and offline activities

### 3 Provide a Learning Space for your child



- Provide a **quiet and conducive** environment to use their PLD.
- Discourage eating and drinking in their learning space to **avoid spillage of food and water** on PLD