

A family of four is shown in a close-up, smiling and looking at a smartphone held by one of the children. The background is a light-colored brick wall. The image is slightly faded to allow the text to be the primary focus.

How can I help my child to navigate the digital environment?

Tips on how you can complement the school's efforts to support your child in his/her learning.

Digital Parenting Tips: How can I help my child to navigate the digital environment?

With 1-to-1 learning, children might spend more time on digital devices, have more online interactions with friends, and show a desire to explore more online. Here are some examples on how you can complement the school's efforts to support your child in his/her learning:

1

Guide Your Child to Use Technology Effectively for Learning

2

Protect Your Child from Online Dangers and Teach Them to Respect Others Online

3

Guide Your Child to Use the Device in a Balanced and Productive Manner

1

Guide Your Child to Use Technology Effectively for Learning



Guide your child to search for credible information online

Mum, I am going to Pulau Ubin with my friends. I heard that there are a lot of mosquitoes there. Is it true that mosquitoes only bite at certain times of the day?



Let's do an online search together, using **key words** related to the topic. We can also use the **S.U.R.E framework**. First we check if the **source** of information is credible and **understand** the information by looking for facts not opinions. Next, **research** and compare multiple sources before **evaluating** the information from different angles.



Encourage your child to use SLS to search for learning resources

Dad, we are learning a new concept in class today. I'm having difficulties understanding it!



I recall your teacher sharing that you can explore topics and try the interactives in the **SLS MOE Library** at your own pace to support your learning? Why don't you give it a go, son?

[Click for more](#)

2

Protect Your Child from Online Dangers and Teach Them to Respect Others Online



Guide your child to treat others with respect online

Dad, during the video conferencing lesson, my friend had a funny profile picture and we teased him in the chat!



We should always be **respectful when commenting online**. Remember the **T.H.I.N.K framework**? Let's ask ourselves these questions before posting: Is it True? Is it Helpful? Is it Inspiring? Is it Necessary? Is it Kind?



Guide your child to practise safe and responsible online behaviour

Dad, I am going to meet this person whom I got to know online. She messaged me privately as she liked the photos that I had shared, especially those that I tagged to Sunrise beach.



It may not be safe to meet someone you know only online as we are **unsure of their actual identity**. You should also be careful online and not respond to messages from people you don't know.

Be careful to not reveal too much personal information online, e.g. places you frequent regularly.



3

Guide Your Child to Use the Device in a Balanced and Productive Manner



Guide your child to adopt a healthy balance of online and offline activities

Mum, I'm done with my homework for the day! After dinner, I'll have more than 2 hours to play my handphone games until bedtime!



I'm glad you found a way to relax but do you remember our **family contract**? No devices at least one hour before bedtime. Let's go for an after-dinner walk together instead!



Guide your child to use productivity tools, to organise information and simplify tasks for efficiency.

Mum, I cannot remember the dates of my upcoming tests.



You can use your online calendar to **keep track of your learning schedule** and plan your revision. Shall we also key in the details of family events in our **online family calendar together** for future reference?

