Cyber wellness Resources for Parents

- go.gov.sg/moe-cyber-wellness

- https://beta.moe.gov.sg/programmes/cyber-wellness/

- go.gov.sg/better-internet-sg

- sure.nlb.gov.sg

- help123.sg

- Parents, the guardians of internet

- Guide for parents on setting parental controls

- Understanding cyber wellness

- Navigating the cyber world safely

- ICT in schools: To use or not to use?

- Play safe – avoid online gaming addiction

- Safeguarding your child online

- Exploring online, safely and confidently