



Sec 4T Parents' Briefing

Vice Principal
Ms Yuen Chai Lin

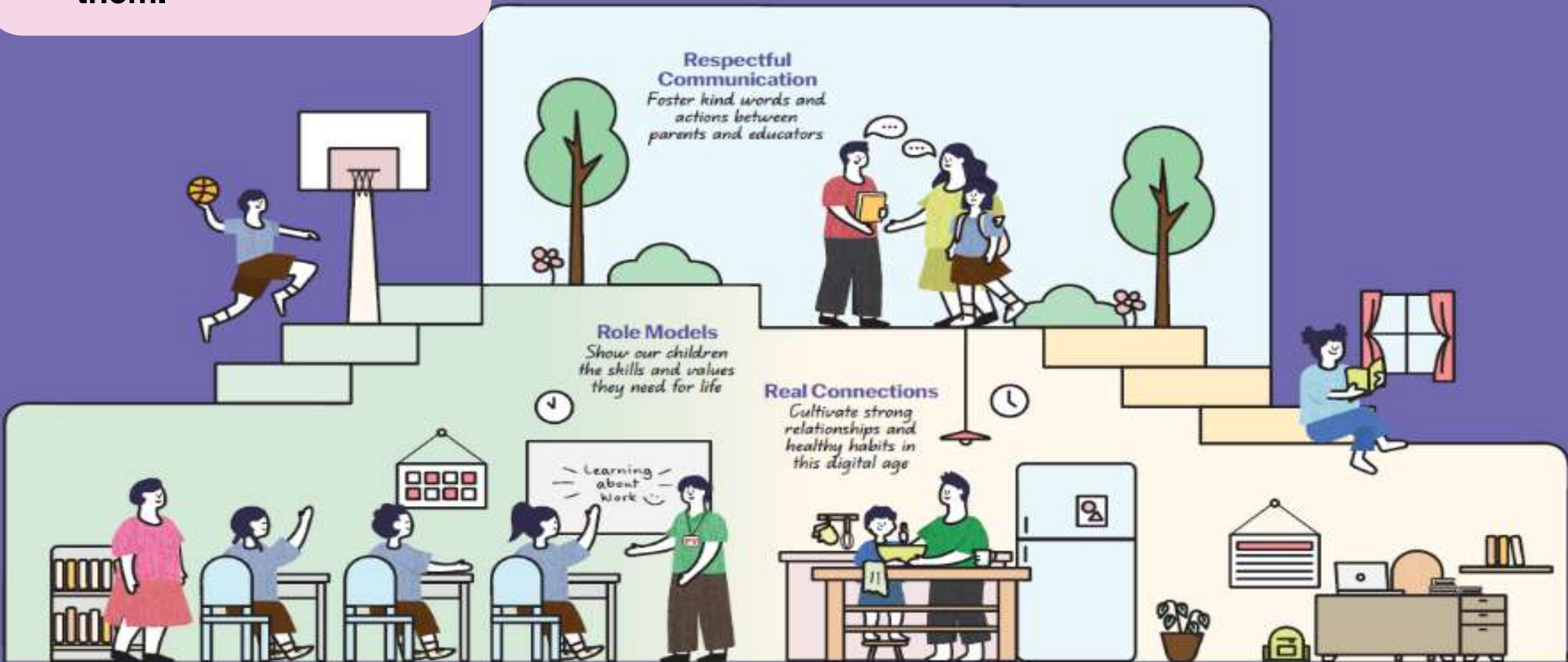
24 Jan 2025 (Friday)



**Children are the Priority.
Changes are Reality.
Collaboration is the Strategy.**

Raising a Happy, Confident, and Kind Generation Together

Our children do best when schools and parents work hand in hand to support them.





581
Posts

2,061
Followers

447
Following

Unity Secondary

Official Website:

www.unitysec.moe.edu.sg/

Following ▾

Message



Minister's V...



N-Levels 2...



CCA in Unity



Unity's Communication Channels with Parents

- Termly School Letter (Home-School-Connect) to Parents via PG
- Semestral Unity Newsletter (eg sch experiences)
- Parents' Briefings
- Parent Teacher Meeting (30 May 2025)
- Email to school's generic email: unity_ss@moe.edu.sg
- or teachers' emails found in School Website
- Follow us on Unity's Instagram: <https://www.instagram.com/unitysec/>
- SMS Attendance Updates



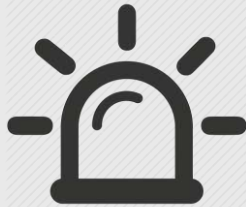
Communications with School



Within school hours (7.30 a.m. – 6 p.m.), on working weekdays, and during school terms



Teachers are not expected to provide their personal mobile numbers



Urgent messages to teachers may be directed to the school's General Office



Appointments for face-to-face meetings made at least 3 days in advance

**Response Time
3-7-21**

Engagement Charter

- The partnership between schools and parents is an essential one.
- By promoting mutual courtesy and respect in our interactions with each other, we can be good role models for our children and build authentic partnerships that will better benefit our children.





① Where do I want to go?



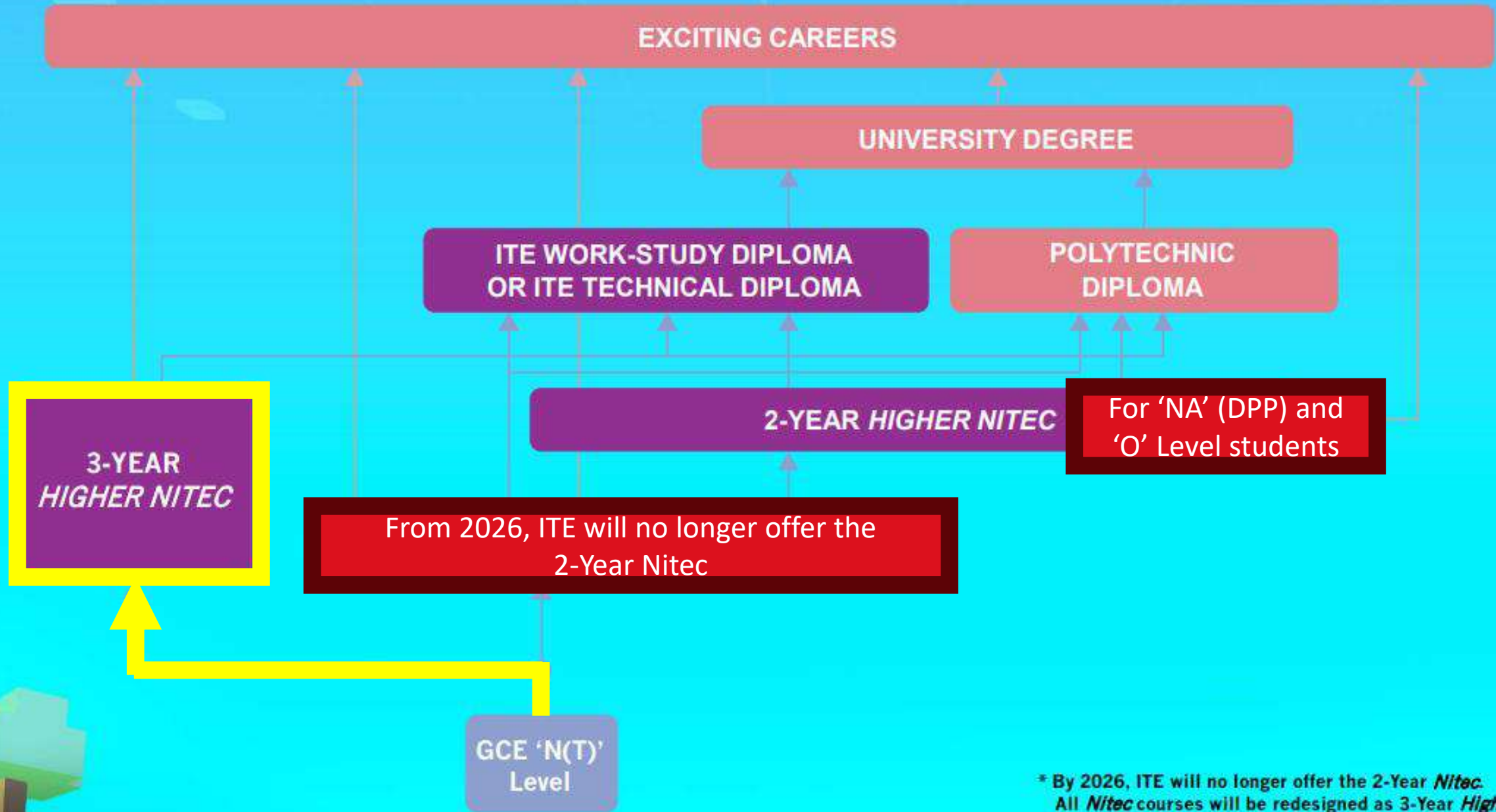
③ How do I get there?

② Where am I now?

Where do I want to go?

- *Education Pathways After GCE N Level*
- *Admission to full time Nitec Courses*
- *Availability of ECG counsellors and Resources*

PROGRESSION PATHWAYS



* By 2026, ITE will no longer offer the 2-Year *Nitec*. All *Nitec* courses will be redesigned as 3-Year *Higher Nitec* courses.



3 years Higher Nitec



ITE Colleges

- **Types of ITE Courses**
 - **2 Years Higher Nitec** (DPP for NA students or O level)
 - **3 Years Higher Nitec**
 - **ITE Technical Diploma**
 - **Work-Study Diploma**
 - **Higher Nitec with Enhanced Foundation Programme** (4 years)
[Note: Pass at most 1 subject]

From 2026, ITE will no longer offer the 2-Year Nitec programme

- **6 Schools**

Health Sciences	Business and Services
Hospitality	Design and Media
Electronics & ICT	Engineering



Computation of ITE Aggregate Points (for Higher Nitec Courses)

Best 4 subjects at NT Level

NT Level Grade	ITE Aggregate Point
A (75 and above)	1
B (70 – 74)	2
C (60 – 69)	3
D (50 – 59)	4
E (< 50)	5

NA Level Grade	ITE Aggregate Point
1, 2, 3	1
4	2
5	3
6	4



Computation of ITE Aggregate Points (for Higher Nitec Courses)

Types of Bonus Points	No. of Bonus Points awarded
CCA grades: Excellent Good	2 points 1 point



How to Calculate ITE Aggregate Points?

Subject No	Subject Name	Grade	ITE Aggregate Point
Subject 1	English(NT)	B	2
Subject 2	Malay Language(NT)	B	2
Subject 3	Mathematics(NT)	D	4
Subject 4	Computer Applications(NT)	B	2
Subject 5	Science(NT)	C	3
Subject 6	Art(NT)	C	3

NT Level Grade	ITE Aggregate Point
A (75 and above)	1
B (70 – 74)	2
C (60 – 69)	3
D (50 – 59)	4
E (< 50)	5

Best 4 subjects

= EL + ML + CPA + Science

= 2 + 2 + 2 + 3

= 9 points before deduction of bonus points for CCA



How to Calculate ITE Aggregate Points with SBB subjects?

Subject No	Subject Name	Grade	ITE Aggregate Point
Subject 1	English(NT)	B	2
Subject 2	Malay Language(NA)	3	1
Subject 3	Mathematics(NT)	D	4
Subject 4	Computer Applications(NT)	B	2
Subject 5	Science(NT)	C	3
Subject 6	Art(NT)	C	3

NT Level Grade	ITE Aggregate Point
A (75 and above)	1
B (70 – 74)	2
C (60 – 69)	3
D (50 – 59)	4
E (< 50)	5

NA Level Grade	ITE Aggregate Point
1, 2, 3	1
4	2
5	3
6	4

Best 4 subjects

= EL + CPA + Science + ML(NA)

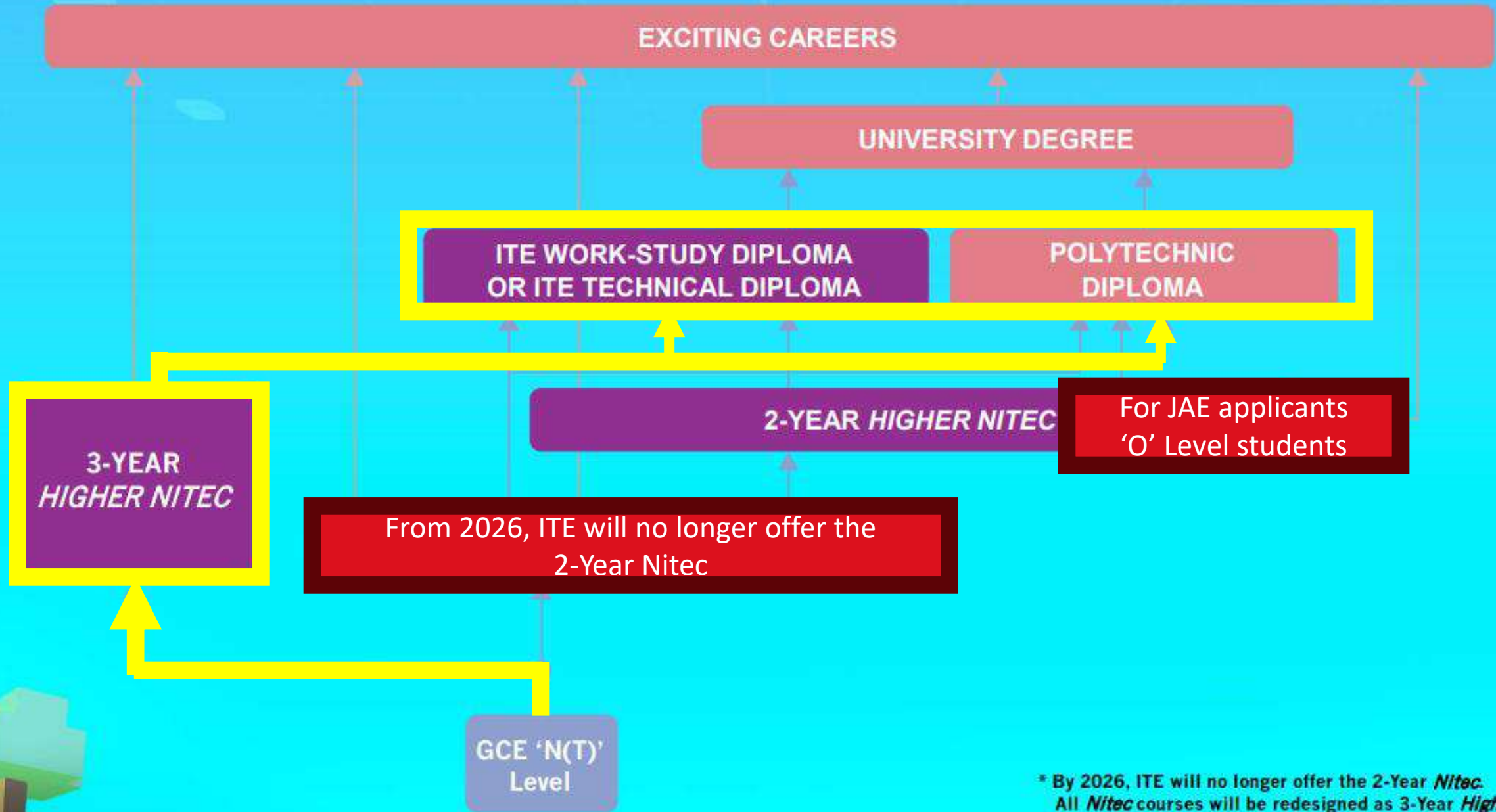
= 2 + 2 + 3 + 1

= 8 points before deduction of bonus points for CCA



Progression After Higher Nitec

PROGRESSION PATHWAYS



* By 2026, ITE will no longer offer the 2-Year *Nitec*. All *Nitec* courses will be redesigned as 3-Year *Higher Nitec* courses.



ITE Progression Award (announced in 2024)

Institutions		On enrolment in diploma	On completion of diploma
ITE	Work-Study Diploma	Course fees borne by employers Sign-on bonus: \$5,000 cash	Eligible for S\$10,000 CPF Ordinary Account top-up to boost savings for longer-term goals
	Technical Diploma Technical Engineer Diploma	Eligible for S\$5,000 Post-Secondary Education Account (PSEA) top-up* to help with diploma fees	
Polytechnic	Full-time Diploma Part-time Diploma		
NAFA / LASALLE	Full-time Diploma		

**Provided ITE graduate enrolls in the course by age 30*



After Higher Nitec

Progression opportunities:

ITE Technical Diploma vs Work-Study Diploma

ITE Technical Diploma	Work-Study Diploma
24 - 30 months of full time study	30 months apprenticeship-based programme 70 – 80% on the job training at company 20 – 30% classroom learning at ITE
Curriculum co-designed with international educational institutions	Curriculum co-designed with local industry
Opportunity for overseas learning experiences (depend on course)	Full-time employee of sponsoring company + Earn a competitive starting salary



After Higher Nitec

Progression opportunities:

(1) ITE Diploma

Minimum GPA \geq 2.0 (relevant feeder course)

Note: Maximum GPA is 4.0. Good CCA records in ITE will gain bonus point of 0.2.

INTERNATIONAL PARTNERS

8 TD Courses in 2 Sectors

Business & Services

Engineering



Institut Lyfe

1. Technical Diploma in Culinary Arts with Restaurant Management

(France)



Baden-Württemberg
MINISTERIUM FÜR KULTUS, JUGEND UND SPORT

Ministry of Education, Youth and Sports, Baden-Württemberg

2. Technical Engineer Diploma in Automotive Engineering
3. Technical Engineer Diploma in Electrical Engineering (Clean Energy) – **New!**
4. Technical Engineer Diploma in Machine Technology

(Germany)



(Hong Kong)

Vocational Training Council

5. Technical Diploma in Beauty & Wellness Management
6. Technical Engineer Diploma in Civil & Structural Engineering
7. Technical Diploma in Health & Exercise Coaching – **New!**



(Switzerland)

EHL Group

8. Technical Diploma in Hospitality & Hotel Management



After Higher Nitec

Progression opportunities:

(2) Work-Study Diploma

No minimum GPA (relevant feeder course)

Note: Maximum GPA is 4.0. Good CCA records in ITE will gain bonus point of 0.2.



After Higher Nitec

Progression opportunities:

(2) 3 years Polytechnics

Eligibility varies for different courses**

minimum GPA \geq 2.0

Note: Maximum GPA is 4.0. Good CCA records in ITE will gain bonus point of 0.2.

If GPA \geq 3.5

may be admitted directly to the **second year of training** for some diploma courses in engineering/IT Field

**** Please check polytechnic websites for most updated information.**



After Diploma

Progression opportunities:

University

Post-Diploma programmes at

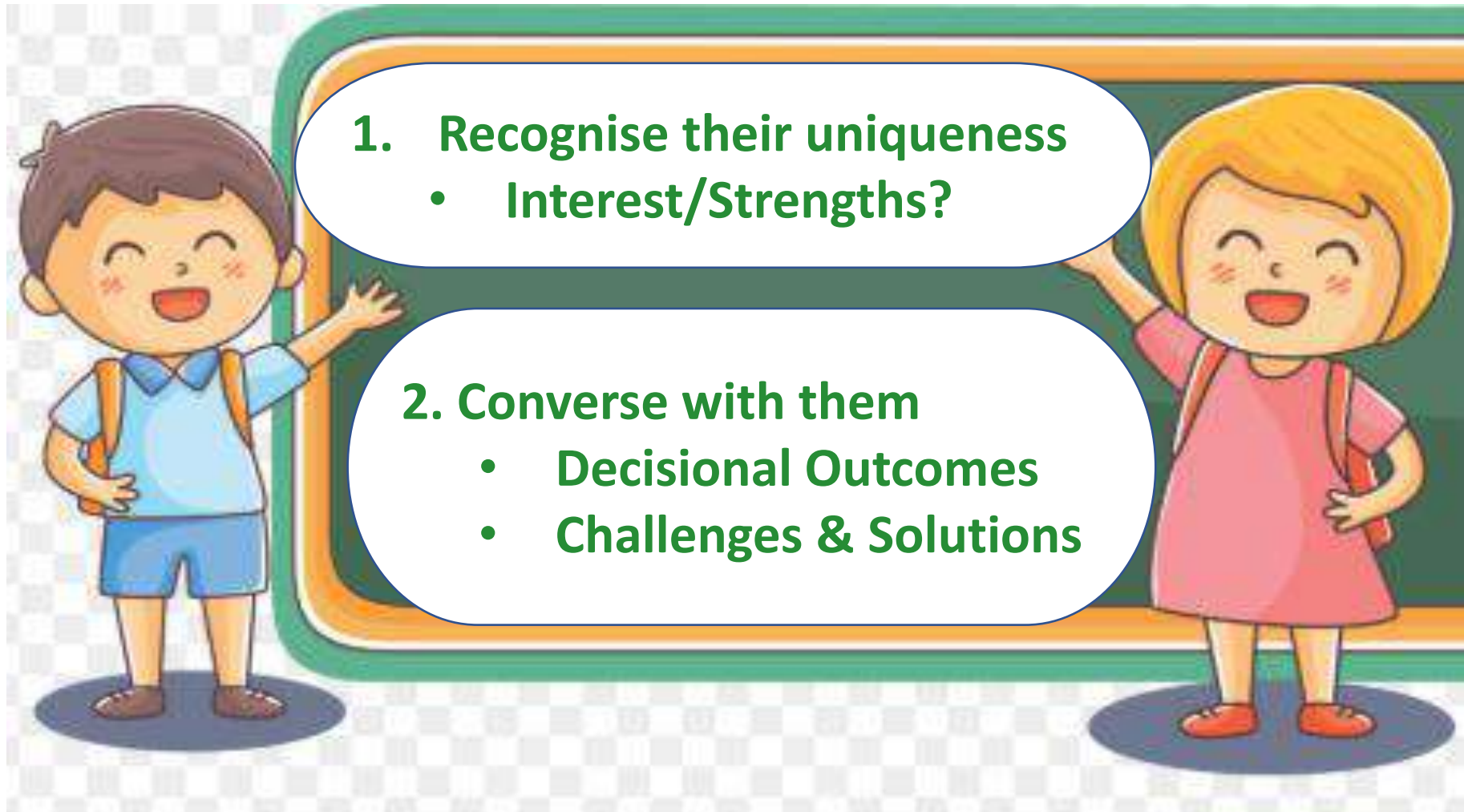
- Nanyang Polytechnic (NYP)
- Ngee Ann Polytechnic (NP)
- Republic Polytechnic (RP)
- Singapore Polytechnic (SP)
- Temasek Polytechnic (TP)

Full-time or Part-time Degree programmes at

- Nanyang Technological University (NTU)
- National University of Singapore (NUS)
- Singapore Institute of Technology (SIT)
- Singapore University of Social Sciences (SUSS)
- Singapore University of Technology and Design (SUTD)
- University of the Arts Singapore (UAS)



How to support your child in their post-secondary decision-making?





Common ECG Cases

- “I do not know what are my interests”
Do the Career Interests assessment test in MySkillsFuture portal and explore recommended job roles and courses
- “I only want this course at this Poly”
Have alternative plans (example, explore other courses, consider other polys for similar courses)

Useful ECG Resource

1. MySkillsFuture Portal

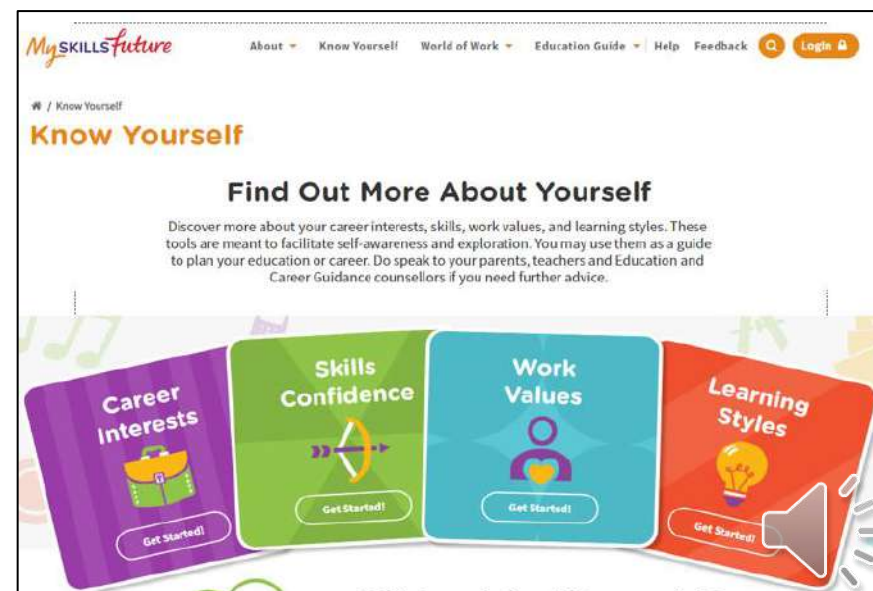
<https://www.myskillsfuture.gov.sg/secondary>



A Browse Occupations



B Know Yourself



Useful ECG Resource

2. Other Resources

<https://www.myskillsfuture.gov.sg/content/student/en/secondary/help/ecg-resources.html>



An Education & Career Guidance Handbook
for Parents



Conversation Starters

Set aside time and space where you can speak with, listen to and understand your children's thoughts and feelings. Try using the following questions to get a conversation going.

Suggested Activities

Reflecting on meaningful experiences, such as transitions, setbacks and achievements, is something you can do together with your children. Encourage your children to document experiences, skills and accomplishments regularly (e.g., in their ePortfolio in the MySkillsFuture Student Portal), as this will help your children chart out their own process of lifelong learning and personal growth.

3. JIE 'N' 2025 Course Brochure



3-yr *Higher Nitec* (full-time courses)
2-yr *Nitec* (full-time courses)
1-2 yr *Traineeship Nitec courses*
3-yr *Enhanced Nitec Foundation Programme*
4-yr *Enhanced Higher Nitec Foundation Programme*



Education and Career Guidance (ECG) @ UNITY

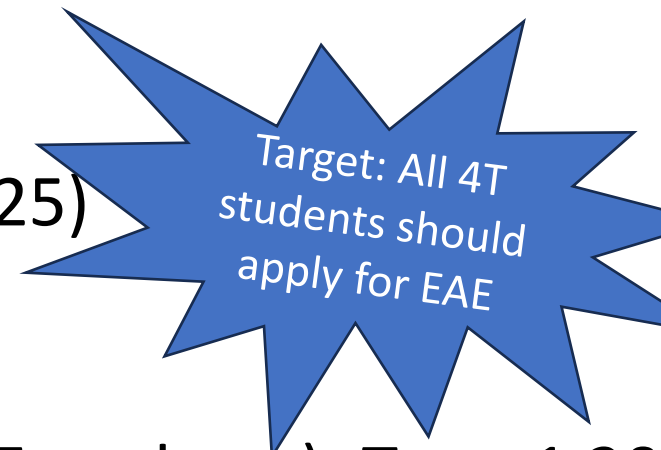
Workshop/ Learning Journey to prepare Sec 4T students for post-secondary education

- Personal Statement write-up with Strengths: Term 1 Wk 1
- ITE College West Visit, learn to do write up for application



ECG Talk & Fair

- Preparation for EAE application (May 2025)








Counselling

- ECG counselling by ECG counsellor (all 4T students): Term 1 2025
- Consultations for EAE: May to July 2025



Education and Career Guidance (ECG) Counsellor Contact Details

-  Mr Peter Phoa, ECG Counsellor
-  Library / ECG Counselling Room
-  Every Monday & Thursday (Term Time)
-  8 am – 5 pm
-  phoa_ang_hiok@schools.gov.sg



How to make appointment?

1. Use the link: <https://go.gov.sg/p4lbqq>
or scan the QR code below
2. Email: phoa_ang_hiok@schools.gov.sg
3. Walk-in (if available)
4. Refer by Form Teachers



<https://go.gov.sg/p4lbqq>



ECG Counsellor can support in:

Decision-making:
Course A or B?
Traineeship?

Where huh?
Unsure of
post-sec pathways

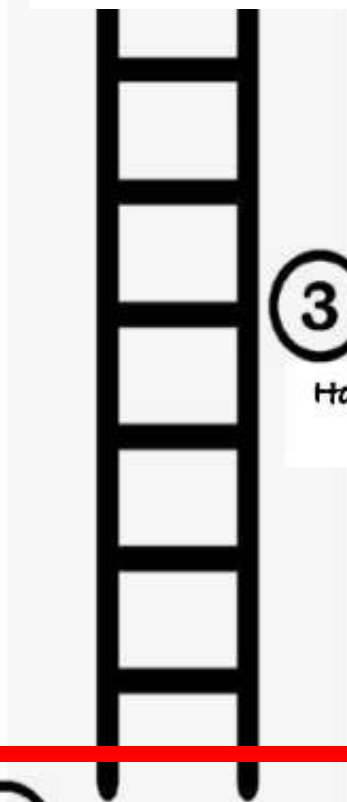
**Parental
Expectations**

Self-discovery
Strengths,
Interest, Values,
Personality

EAE
Personal
Statement,
Portfolio,
Interview



① Where do I want to go?



③ How do I get there?

② Where am I now?

Where am I now?

- *Key Events leading to N levels*
- *ITE Early Admission Exercise (EAE)*

Week 1, 2025

Strengths-based Study Approaches

Strengths	Study Techniques	Customised Patterns to Build
Consistency Consistency is the key to success in any endeavour. It is the ability to stick to a plan and to keep going even when things get difficult. Consistency is what separates the winners from the losers.	Study Techniques 1. Create a study schedule: Plan your study time around your strengths. For example, if you are a visual learner, use diagrams and mind maps. If you are an auditory learner, listen to audiobooks or recordings of lectures. If you are a kinesthetic learner, use flashcards and physical models. If you are a reading/writing learner, read and write about the material. If you are an interpersonal learner, study with a friend or in a group. If you are an intrapersonal learner, study alone and reflect on your progress. If you are a natural learner, use your natural talents to your advantage. For example, if you are good at math, use math to solve problems. If you are good at writing, write about the material. If you are good at drawing, draw diagrams and mind maps. If you are good at listening, listen to audiobooks or recordings of lectures. If you are good at speaking, explain the material to yourself or to a friend. If you are good at thinking, think about the material and try to solve problems. If you are good at feeling, use your emotions to help you remember the material. If you are good at intuiting, trust your instincts and go with your gut feeling. If you are good at sensing, use your senses to help you remember the material. If you are good at moving, use physical activity to help you remember the material. If you are good at being, use your personality to help you remember the material. If you are good at having, use your resources to help you remember the material. If you are good at doing, use your skills to help you remember the material. If you are good at making, use your creativity to help you remember the material. If you are good at taking care of, use your sense of responsibility to help you remember the material. If you are good at being good, use your sense of morality to help you remember the material. If you are good at being bad, use your sense of rebellion to help you remember the material. If you are good at being different, use your sense of individuality to help you remember the material. If you are good at being the same, use your sense of conformity to help you remember the material. If you are good at being a leader, use your sense of leadership to help you remember the material. If you are good at being a follower, use your sense of obedience to help you remember the material. If you are good at being a team player, use your sense of cooperation to help you remember the material. If you are good at being a loner, use your sense of independence to help you remember the material. If you are good at being a social butterfly, use your sense of sociability to help you remember the material. If you are good at being a hermit, use your sense of solitude to help you remember the material. If you are good at being a party animal, use your sense of fun to help you remember the material. If you are good at being a workaholic, use your sense of dedication to help you remember the material. If you are good at being a procrastinator, use your sense of urgency to help you remember the material. If you are good at being a perfectionist, use your sense of pride to help you remember the material. If you are good at being a procrastinator, use your sense of urgency to help you remember the material. If you are good at being a perfectionist, use your sense of pride to help you remember the material.	Customised Patterns to Build 1. Create a study schedule: Plan your study time around your strengths. For example, if you are a visual learner, use diagrams and mind maps. If you are an auditory learner, listen to audiobooks or recordings of lectures. If you are a kinesthetic learner, use flashcards and physical models. 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Student Leaders in
Sec One Orientation 2025



Strength Based Workshop
(Choosing Higher Education
based on Interest/ Strengths
& Customised Study Skills)



Scouts



Modern Dance

Student Leaders in
CCA Open House 2025



Eco-Explorer



Track & Field



Upcoming Events in 2025



*Lifelong Learners
Inspiring Leaders*



**National School
Games 'B' Div
(Term 1 – 2)**



**Unity Run 2025
25 July (Friday)**



**Sports Fiesta 2025
16 May (Friday)**



**CNY Celebration – Unity's Family Mass Loh Hei
and other festive celebrations
MTL Fortnight (Feb-Mar 2025)
NE Events
Graduation Day (Sept 2025)**



**SYF Arts Presentation
1 Apr – 7 May**



Important!!!!

- Coursework subjects
 - Design & Technology **(70%)**
 - Nutrition & Food Science **(60%)**
- Must complete and do well in coursework to secure at least a grade 3 at 'N' level
- **Briefing for Parents on Coursework (inform later via PG)**



ITE Early Admission Exercise (ITE-EAE)

- **Provisional Offering** before N-level exams
 - *Meet minimum entry requirements eg. pass in English / Math / Science / etc.*
- **Aptitude-Based Admission**
 - *Course-specific aptitudes and interests*
 - *Other considerations e.g. Sports / Arts / Leadership / Service/ Entrepreneurship*

Application Period: May – June (Tentative)

Prepare for Interviews, Aptitude tests, Portfolio review



What to Prepare for EAE Application

Submit your application online

100-word write-up

- Why do you want to apply for the course?
- How are your talents and skills relevant to the course?

Note: you can apply for up to 3 Higher Nitec/ Nitec courses

Provide relevant supporting documents

- Relevant certificates
- Sample works/ portfolios (if any)
- Testimonials
- CCA records
- Others

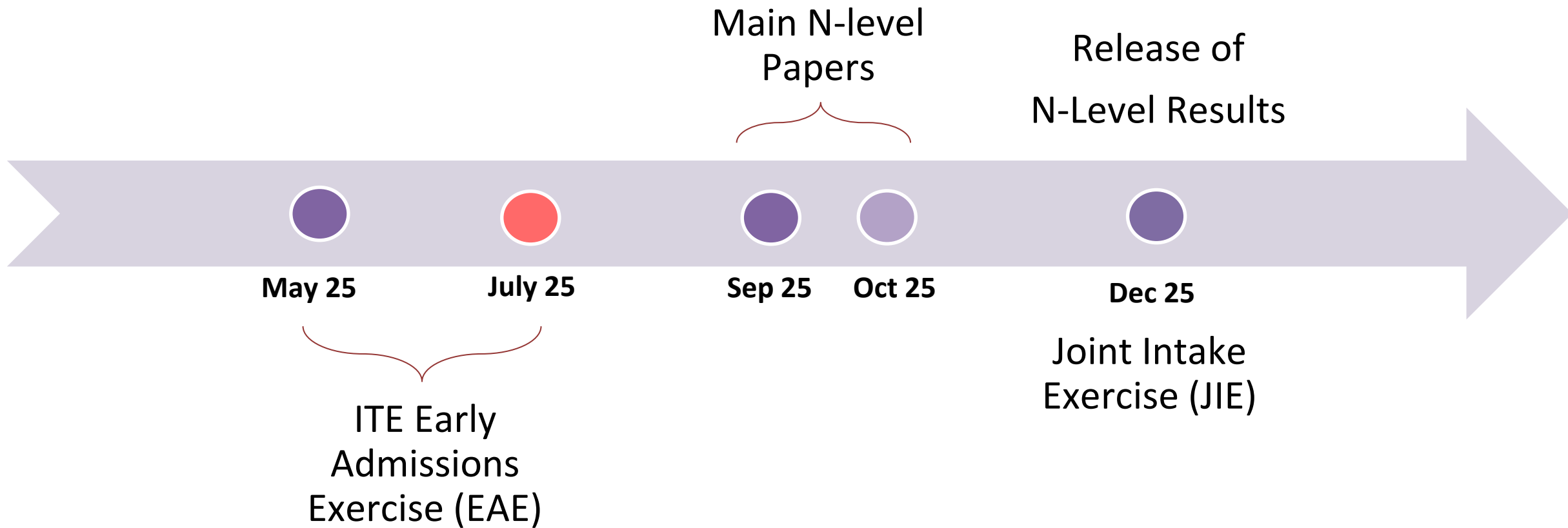
If you are shortlisted ...

Be prepared in your interview/ aptitude test

- **Bring along your supporting documents**
- **Demonstrate good understanding of the course and industry**
- **Share your passion and interests related to the course.**



2025 Timeline





① Where do I want to go?



② Where am I now?

③ How do I get there?

How do I get there?

- *Importance of English, Math, Science*
- *Study Smart, Stay Focused*
- *Alumni Sharing*



Tip!

To have more choices,

Aim for at least 4 N-level Passes, including EL, Math and Science.



Higher Nitec Courses that require a **Pass in English**

Applied & Health Sciences
Nursing
Business & Services
Business Services
Finance Services
Fitness Training
Floristry
Travel & Tourism Services
Design & Media
Visual Communication
Hospitality
Hospitality Operations
Pastry & Baking
Western Culinary Arts

Higher Nitec Courses that require a **Pass in Math**

Applied & Health Sciences
Nursing
Design & Media
Architectural Technology
Interior & Exhibition Design
Engineering
Aerospace Avionics
Aerospace Technology
Electrical Technology (Lighting & Sound)
Electrical Technology (Power & Control)

Note: Always check out the ITE webpage for the latest updates

LET's **LEARN SMART**, not just *learn hard*

No	Strategy	What Can I Do?
1	Making a study plan/Setting goals	Describe a list of things to complete during studying. Allocate time to each thing. Check off each thing once you are done!
2	Self-consequences	Design rewards or punishments for success or failing to execute. Put off pleasurable activities until work is completed!
3	Eliminating distractions	Do not multitask!
4	Finding study spots	Know where and when you learnt best!
5	Using learning tools and strategies	Take own notes while processing materials and discussing. Use "mindmaps" to remember key ideas/words/phrases and "analogy" to relate new ideas to what you already know!
6	Practising deliberately	Concentrate and get someone to provide feedback! Mastery! Set timing!
7	Seeking help/Asking for feedback	Call a friend/teacher to clear doubts! Have a study partner!
8	Self-evaluating	Use rubrics, pick right questions, set questions!
9	Self-reflecting	Track and improve on own performance and outcomes!

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Setting Goals

Academic

0%

Section

2/3

General

Academic

Term 1

Term 2

Term 3

Term 4

Overall

Non-Academic

S.M.A.R.T Goals

Specific	Write down what you hope to achieve in specific terms and description.
Measurable	Your goal should be measurable over time to show progress.
Achievable	Your goal should be something that you have the ability to achieve.
Realistic	The goal you set should be realistic given the amount of time and resource you have.
Time-Bound	There should also be a fixed time frame for you to achieve your goal.

Term 1

Subject*	Final Target Grade Help	Target CA1	Actions to Work Towards Target	Actual CA1
Subject 1	—	<input type="text"/>	<input type="text"/>	<input type="text"/>
Subject 2	—	<input type="text"/>	<input type="text"/>	<input type="text"/>
Subject 3	—	<input type="text"/>	<input type="text"/>	<input type="text"/>
Subject 4	—	<input type="text"/>	<input type="text"/>	<input type="text"/>



Eliminate Distraction Find Study Spots

- Study in a quiet place (at home, library, etc)
- Keep your phone away/ switch off when you are studying

Using Learning Tools and Strategies

- Read textbooks, worksheets, SLS again
- Make mindmaps/ concept maps
- Link to what you already know

Self-evaluating/ Self-Consequences

- Practice questions (TYS)
- Test yourself
- Reward yourself after completion



Lead Self, Actualise Self

*Intelligence can
be developed ...*

I can **LEARN** to do
anything I want

My **EFFORT** and attitude
determine my abilities



THANK YOU

