



*Lifelong Learners
Inspiring Leaders*

Welcome to Unity Secondary

School of OpportUNITY

Principal's Address
Mdm Adel Ong
14 Feb 2025





Programme

1. Principal's Address
2. Students' Sharing
3. Q&A
4. Meet the Sec 3 Character Coaches



School's Student Outcomes:

Every Student a **Conscientious Learner, Critical & Inventive Thinker, Confident Person, Concerned Citizen**

At Sec 3, the school hopes to partner parents/guardian to ensure our students will be acquire:

Leadership skills (Leading Others)



Principal's Address



Key Pillars

Designation	Name
Vice-Principal	Mr Alan Lim
Vice-Principal	Ms Yuen Chai Lin

School Management Committee



Lifelong Learners
Inspiring Leaders

Designation	Name
School Staff Developer (Ag)	Ms Ong Pei Ee
Year Head (Sec 2)	Ms Neo Ruey Ning Fiona
Asst Year Head (Sec 1)	Mr Ng Yan Kit
Asst Year Head (Sec 3)	Mr Alvin Lee
Sec 4/5 Year Head (Covering)	Mdm Chong Shur Chin & Mr Tan Yee Kee
HOD/Student Management and Guidance	Mr Chew Thiam Teck Scott
HOD/PE CCA	Mr Low Yee Fun
ST/PE	Mr Teng Han Yong
HOD/CCE (Ag)	Mdm Jeslyn Cheong
SH/Student Leadership & Student Well-Being	Ms Sherry Goh

SSD & SDT Team

School Management Committee

Designation	Name
HOD/ Craft and Technology	Ms Fathiah Bte Borhan
ST/Music	Ms Christine Tang
HOD/ English	Mr Ng Lip Siang Adrian
SH/English & Literature	Ms Janet Xu
ST/ English	Mr Andrew Lim You Shun
HOD/MTL	Mr Tie Hieng Han
LH/Chinese Language	Ms Ng Pin Leng
ST/Tamil Language	Mr Jaya Kumar
HOD/ Humanities	Mdm Khairunisa
SH/Geography	Mrs Jasmin Mariya d/o Madasamy
SH/History	Mr Wong Jing Jie

IP Team

School Management Committee



*Lifelong Learners
Inspiring Leaders*

Designation	Name
HOD/ CIT	Ms Chong Shur Chin
SH/ICT	Mr Lee Yuen Lim
HOD/ Mathematics	Mr Tan Yee Kee
LT /Learning Support	Mdm Rohaila bte Sanusi
ST/Maths	Mr Liew Kok Keong
HOD/ Science (Ag)	Ms Liang Yen Shan
LT/ Biology	Ms Jacqueline Tan Lin Yin
LH/Science	Ms Sumitha
SH/ALP & Innovations	Mr Ho Kian Tong
Administration Manager	Ms Chua Bee Kuan
Operation Manager	Mr Yeo Lay Kin
ICT Manager	Mr Jeremy Yong

IP & Admin Team



Care Team

Designation	Name
Snr School Counsellor	Mdm Michelle Ong
School Counsellor	Mdm Sumarni
Snr Learning Behaviour Support Counsellor	Ms Wendy Lin
Education Career Guidance Counsellor	Mr Peter Phoa
Student Health Advisor	Ms Samantha

CULTURE OF CARE

Sec 3 Mixed CCA Form Class	CCAs	Sec 3 Character Coaches
Lead 1	Basketball Speech and Drama	Mr Daniel Leong Mdm Yenty Bte Ramli
Lead 2	NPCC Media Production	Ms Soh Jing Wen Mr Norman Phua
Serve 3	Football Modern Dance	Mr Teng Han Yong Mdm Jasmin Mariya d/o Madasamy
Serve 4	Volleyball NCC	Mdm Jeslyn Cheong Mr Vincent Chan
Actualise 5	Track and Field Arts & Crafts	Ms Liang Yen Shan Ms Joanne Goh
Actualise 6	Concert Band Scouts India Orchestra	Ms Nur Hidayah Bte Bohari Mdm Aidashikin Bte Solikin
Inspire 7	Table Tennis Girls' and Boys' Brigade	Mr Sony Rajan Mdm Yue Qun
Inspire 8	Choir Eco-Explorers	Mrs Christina Choo Mr Ho Kian Tong



Unity's STUDENT OUTCOMES

CONFIDENT PERSON

- Thinks independently
- Questions and perseveres
- Uses technology adeptly
 - Curate, Communicate, Collaborate, Create

CONSCIENTIOUS LEARNER

- Takes responsibility for own learning
- Manages and monitors own learning
- Reflects and learns beyond

CRITICAL & INVENTIVE THINKER

- Explores possibilities and generate ideas
- Exercises sound reasoning, decision making and metacognition
- Manages complexities and ambiguities

CONCERNED & CARING CITIZEN

- Empathises and respects others
- Aware of community and national issues, and plays a part to improve the community and nation
- Aware of global issues and trends, and their implications on Singapore

LEAPS 2.0 Domains

Co-Curricular Attainment	Basic Requirement for Level of Attainment in Domains	Bonus Points
Excellent	Student who attains a min. Level 3 in all four domains with at least a Level 4 in one domain. (4,3,3,3)	2
Good	Student who attains a min. Level 1 in all four domains with any one of the following: i. At least Level 2 in three domains; (2,2,2,1) ii. At least Level 2 in one domain and at least Level 3 in another domain; or (3,2,1,1) iii. At least Level 4 in one domain (4,1,1,1)	1
Fair	Did not meet above criteria	0

- ✓ Leadership
- Enrichment
- ✓ Achievement
- ✓ Participation
- ✓ Service



Striving to Excel in LEAPs

LEVELS OF ATTAINMENT – EXAMPLES


Example A: Student has attained a minimum Level 3 in all four domains and at least Level 4 in one domain (Participation). Hence, the student's co-curricular attainment is recognised as Excellent.

Domain	Description of Attainment	Level
Participation	Participated in the <u>same</u> CCA for 4 years with at least 75% attendance for each year	4
Achievement	Represented school at local competition / conference / festival / exhibition for 2 years	3
Leadership	Committee for school-wide events	3
Service	Completed at least 24 hours of service <u>and</u> at least one VIA project that impacts the school or community	3

Example B: The student has attained a minimum of Level 1 in all domains with at least Level 2 in three domains. Hence, the student's co-curricular attainment is recognised as Good.

Domain	Description of Attainment	Level
Participation	Participated in any CCA for 3 years with at least 75% attendance for each year	2
Achievement	Represented class / house / CCA at intra-school event	1
Leadership	Class Committee	2
Service	Completed at least one VIA project that impacts the school or community	2

Structures in place in Unity to develop Unitians holistically and supporting them to excel

CCA Bonus Pts	2022	2023	2024
EXCELLENT (2pts) Levels 3/3/3/4	70.7	80.9	79.4
GOOD (1pt)	20.5	16.0	13.7
TOTAL (at Least 1 pt)	91.2	96.9	93.1 

	LEAPS	Structure
Sec 4/5 CCA Stand down 2 May 2025	Leadership	Level 3: Platforms intentionally created for every Sec 3 student to lead in CCA and CCA Form Class
	Achievements	Level 3 for all (Represent the school in CCA Competitions)
	Participation	Level 4 (at least 75% attendance for 4 years)
	Service	Level 3 (School-structured VIA Opportunities for 4 years)



Secondary Three: Leaders of Teams & Leaders of Leaders

Every Sec 3 A Leader – **Intentional Opportunities created for Sec 3s to lead**

Leaders of Leaders (LEAPS L4/L5)

1. Unity Council
2. CCA President & Vice Presidents

Leaders of Teams – CCA & Class Roles (LEAPS L3/L4)

1. CCA EXCO Leaders
2. Peer Support Leaders
3. Community Service Leaders
4. Publicity Leaders
5. Special Project Leaders





Week 0-1, 2025



Workshop – Strength-Based Programme (Leadership)
Hi5 Strengths
-Unpacking & Embracing Personal Strength
- Team Building with Strengths



SRL and SEL workshops – Active learning
Time management
Stress management (ANTs)
Target Setting & Action Planning



Student Leaders in Sec One Orientation 2025



Art & Crafts



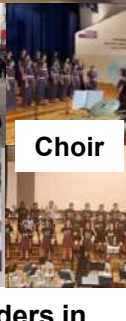
Football



NPCC



GBB



Choir

Student Leaders in CCA Open House 2025

CliftonStrengths Profiling (Upper Sec) Detailed, Robust

Objectives (Students)

1. Discover & Unpack my Talents
2. Appreciate different Talents in Class
3. Leverage my Talents
 - Excel in different areas
 - Build team
 - Present myself for EAE, DSA

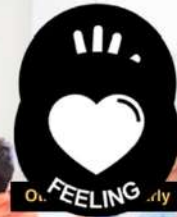
CliftonStrengths (34 Talent Themes)

EXECUTING	INFLUENCING	RELATIONSHIP BUILDING	STRATEGIC THINKING
Achiever Arranger Belief Consistency Deliberative Discipline Focus Responsibility Restorative	Activator Command Communication Competition Maximizer Self-Assurance Significance Woo	Adaptability Connectedness Developer Empathy Harmony Includer Individualization Positivity Relator	Analytical Context Futuristic Ideation Intellect Learner Strategic

© STRENGTHSTRANSFORM

Student Asking Questions

Doing	Motivating	Feeling	Thinking
Believer Deliverer Focus Expert Problem Solver Time Keeper	Catalyst Commander Self-Believer Story-Teller Winner	Chameleon Coach Empathizer Optimist Peace Keeper	Analyst Brainstormer Philomath Strategist Thinker



Others Cannot See

Analyst

"I need to clarify, else I cannot understand rest of lesson"

Story-Teller

"Let me tell you what I understood so I can be sure"

Brainstormer

"Can I suggest an interesting idea that I have?"



Upcoming Events in 2025



**National School Games 'B'
Div
(Terms 1 – 2)**

**SYF 2025 for Performing Arts
CCAs: April to Early May**



**Unity Run & RHD 2025
25 July (Friday)**



**Sports Fiesta 2025
16 May (Friday)**

**CNY Celebration – Unity's Family Mass
Loh Hei (28 Jan 2025) and other festive
celebrations**

MTL Fortnight (Mar 2025)

Mass NE Events (TDD, NDP)

OBS Camp (18-22 Aug, 25-29 Aug 2025)

To prepare Sec 3 students for their e-portfolio write-up for EAE/DSA-JC: 28 May 2025

Education & Career Guidance for Sec 3 @ USS

What is an E-portfolio?

- Compilation of evidence and materials that support the claims you make in your application
- Should give your interviewers a sense of your interests and talents in the course you apply for (e.g EAE, DSA-JC etc)

GOKUL'S PORTFOLIO

[HOME](#)[MY STORY](#)[ACHIEVEMENTS](#)[TESTIMONIALS](#)

ABOUT ME

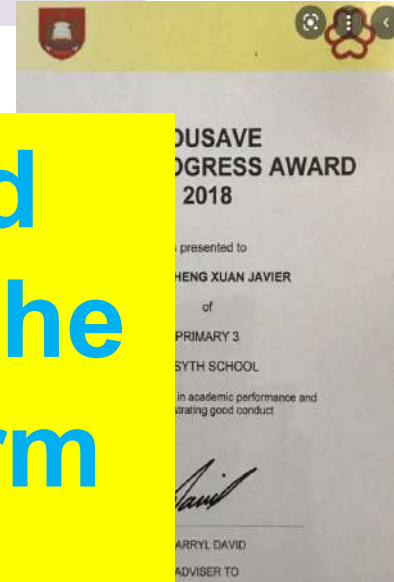
Gokul is an optimistic student. He has a positive attitude towards learning things new. He sets clear goals and puts in concrete steps to achieve them. He carries out his duties with due diligence. He also has a positive outlook on his situations and tries to handle challenges in a mature manner. Gokul always takes initiative to get himself involved in everything he is passionate about. Gokul is a good listener. He listens to his peer's opinion and responds appropriately. He is a fun loving student who has many friends in class. He treats his friends with respect and shows acceptance to differences. He is always willing to



Suggested Documents in the E-Portfolio

- Suggested documents in E-portfolio:
 - Awards
 - CCA & Co-curricular Activities
 - Testimonies
 - Evidence of Learning
 - Certificates
 - Hobbies & Interests
 - you apply for
 - relevant to the
 - as specified
 - Where relevant, latest examination results

Gather all suggested documents ahead of the E-portfolio Day in Term 2, Week 10 (LLW)





Unity ECG Fair: Exploring Your Future Pathways (Post-Sec Institutions) for Sec 3 (29 May 2025)

🚀 Engage. Explore. Empower.

📌 What's Happening?

- ◆ **Institution Booths** – Discover post-secondary options & speak with student course counsellors.
- ◆ **Course Talks** – Insights on Business, Engineering, Life Sciences, Media, Design & more!
- ◆ **EAE & PFP Talks** – Learn application tips & strategies for success.





Career Exploration (3E) – Job Taster On 27 May 2025



Exploring opportUNITY Through Careers

- A career exploration opportunity for our students.
- Students hear from professionals across different industries.
- Helps students make informed education and career choices.
- Encourages students to discover their strengths and interests.



BCA Learning Journey (3E)

26 May 2025

Sustainability Discovery Trail

- Students will tour the BCA Academy to see Singapore's efforts in sustainability.
- Understanding Singapore's Green Goals, such as Zero Energy buildings, vertical solar structures, and mass-engineered timber.

Green Job Tasters

- Students will engage in job taster activities with professionals in the built environment sector
- Discover how different careers contribute to sustainability efforts in the real world.



Career Exploration – Elective Modules (Sec 3NA/NT- G2/G1)



Aerospace

Sports & Adventure



Culinary

Healthcare





Experience ITE Learning Journey (Sec 3NA- G2) - 22 August 2025

What is EIP?

A hands-on programme by ITE College West designed for secondary students to explore skills education and career pathways.

Objectives:

- Engage in practical projects across various fields (design, engineering, tech, hospitality).
- Develop critical skills like problem-solving and creativity.
- Boosts confidence and motivation.
- Helps students discover career interests.



Network for Teaching Entrepreneurship (Sec 3NT/G1)

Education & Career Guidance
for Sec 3T(G1) @ USS:
Feb – Oct (Every alt week)



Suiting up (from G2000) for their final presentation



Dialogue session with judges from corporate world

Learning Journey to
Booking.com

Worldskills Learning Journey (Sec 3T- G1) - 4 April 2025

Purpose:

- Provide students with insights into skills mastery and its relevance to education and career pathways.

Focus

- Highlight the importance of skill development in shaping future career opportunities.



WORLD SKILLS SINGAPORE 2025
ECG FAIR 3-5 April 2025
0900-1700
Sands Expo & Convention Centre

Join us on an Odyssey to Broaden Possibilities!

FOR TEACHERS 3-4 April

ENHANCE SCHOOL-INDUSTRY PARTNERSHIP
Step into the Educators' Space to connect with industry partners and explore the potential of our new travelling exhibit, ECG on the Move!

FOR STUDENTS 3-4 April For Secondary Schools that have signed up
5 April Public Access

BROADEN EDUCATION AND CAREER POSSIBILITIES
Gain insights into the evolving World of Work through interactions with industry partners!

KNOW MORE ABOUT YOURSELF
Discover your strengths, interests and sense of purpose at the ECG Exploration Space!

CULTIVATE SKILLS FOR LIFE
Witness the ultimate showdown at the Skills Competition and take on a good challenge at the Try-a-Skill booths!

REGISTER YOUR INTEREST FOR THE EDUCATORS' SPACE HERE

MOE-OBS Challenge Programme (MOC)

Sec 3 OBS Camp (18 to 22 August 2025 or 25 to 29 August 2025)



1. Outdoor Education is a component of curriculum in our schools. The 5D4N expedition-based course will bring together **students from various schools**, **allowing them to interact and work together** to overcome various challenges.

2. The experience will provide opportunities for students to:

- Build camaraderie** through working together in unfamiliar yet authentic situations;
- Be resilient**, have empathy and maintain a positive attitude when faced with adversity.

3. Through **overcoming challenging obstacles** with their peers, participants learn that it is possible to be innovative and to adapt to their surroundings.

MOC ASK GOV

Can my child bring his/her handphone?

Does my child need to bring a sleeping bag?

What happens if my child is unable to swim?

Will there be washrooms / toilets available if my child is camping outdoors?

Scan the QR Code to be directed to MOC ASK GOV

<https://ask.gov.sg/obs>

✓ An easy interactive and simplified FAQ platform to assist parents' enquiries regarding the MOC course

• Parents may also visit the MOC website (<https://go.gov.sg/moc>) to read up more on the programme



Weighting for Weighted Assessment (WA) & Semestral Assessment (SA) for Sec 3 (No Mid-Year Exams)

Term 1	Term 2	Term 3	Term 4	Overall
WA1	WA2	WA3	End of Year Exams (SA)	100%
10%	15%	15%	60%	

Weighted Assessments (WAs) can be in the form of individual or group projects; assessment of practical skills /oral skills ; written tests

Academic Rigour & Support@ Unity

- **Teaching Approach: Active Learning – Do to Learn; Learn with Others; Demonstrate Learning**
- **Active Learning Tools and Strategies: Success Criteria** as clear signposts, **Interactive Thinking Routines** to make thinking visible, scaffolds such as **Frayer Model, Mindmap and Graphic Organiser to consolidate thinking**
- **Afternoon Consultations for selected students:** Mon- Sci, Wed-Maths, Thurs-EL

Other Examples of Strategies include:

- Develop Conscientious Learner – **Rubrics and Checklists** (e.g. EL/Maths/Hum)
- Use of **structures** to guide students' questions analysis and responses (e.g. CER in Science; PEEL in EL/MTL)
- **Monitor and pace** students (e.g. Gantt Chart to monitor progression of coursework)
- **Close monitoring and targeted intervention** to support high needs learners

School's Mobile Phone Policy



Conducive & Psychological Safe Environment

1. Policy Rationale

- Minimise learning distractions
- Enhance social interaction and growth

2. Phone usage ONLY in the Green Zones:

RED ZONES: - Phones are to be stored in bags in all academic blocks, all special rooms, hall, ISH, toilets, library and walkways.

Not permitted during curriculum hours, unless allowed by the teachers

- Usage is allowed only with teacher permission.

GREEN ZONES: - Canteen and GO foyer designated for mobile phone use.

- Permitted to use during recess and before-&-after school hours.

3. Consequences for Misuse:

- Mobile phone will be safekept by teacher and kept at School's General Office
- Student can collect their phone **at 5 pm on the same day at GO.**
- Repeat offenses may lead to extended safeguarding of the handphone or electronic gadgets by the school.

We all have a MINDSET

Growth Mindset

Intelligence
and talent
can GO UP
or DOWN

Fixed Mindset

One thinks
that
intelligence
and talent are
fixed a birth

Many of us have a fixed mindset in some experiences
and subjects and a growth mindset in others



What can you do to help support your child at home with growth mindset?

A shift in language can instantly change attitudes.



A few mind shifting tips for cultivating a growth mindset at home

HELP CHILDREN TALK BACK TO NEGATIVE SELF-TALK WITH A GROWTH MINDSET VOICE

e.g I can get better with practice.
This is difficult, but it will get easier with practice.

AVOID LABELS

Don't label our child, as 'smart' or 'stupid' or ourselves in ways that model a 'fixed mindset' (e.g. I'm so stupid, I am just can't cook....I was never good at my Science)

HELP CHILDREN GET CURIOUS ABOUT MISTAKES

Help them **reframe a mistake** as new information or as a step in the process of learning.

HELP CHILDREN LEARN TO HEAR THEIR OWN FIXED MINDSET 'VOICE'

Some examples:

"Alan is so smart; he doesn't need to work hard to do well"
"I got it wrong again, I can never get it."

Some children don't even realise how fixed their mindset can be. Discuss and challenge their opinions and attitudes.

GET CURIOUS ABOUT YOUR CHILD'S WORK THROUGH QUESTIONS

How did you figure that out? What's another way you could have done that? What could you try differently next time?

Begin with the end in mind

"Would you tell me, please which way I ought to go from here?"

"That depends a good deal on where you want to get to," said the cat.

"I don't much care where-" said Alice.

"Then it doesn't matter which way you go," said the cat



Useful ECG Resource

1. MySkillsFuture Portal

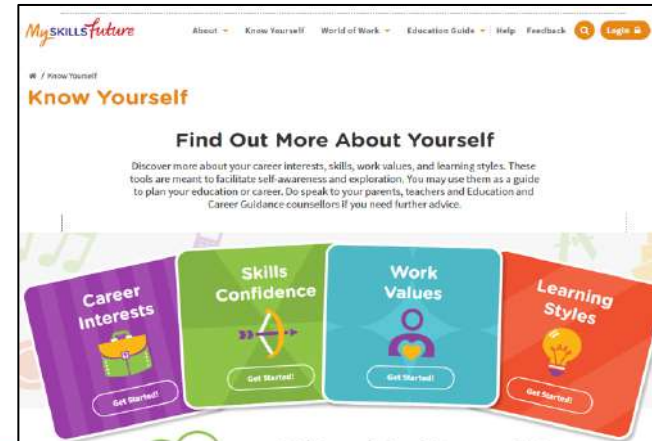
<https://www.myskillsfuture.gov.sg/secondary>



A Browse Occupations



B Know Yourself



Education Pathways for 'O' Level Students

JC/MI

A Levels / IB
- JAE / DSA-JC

JC: L1R5 ≤ 20
MI: L1R4 ≤ 20

JC
2 yrs
MI
3 yrs

Various
Poly/University/ Arts
Institutions

Polytechnics
Diploma
- JAE / EAE

ELR2B3 ≤ 26

Polytechnic
3 yrs

Various
University/Work & Lifelong
Learning

ITE
Higher Nitec
- JAE / EAE
Nitec
- JIE 'O'/EAE

ELB4, ELR1B3 or ELR2B2

Higher Nitec
(Only for G2 (DPP) & G3
Students)
2 yrs+10 weeks
Higher Nitec
(G2 & G1 students)
3 yrs

Various
Poly/Arts Institutions/Work
& Lifelong Learning

Arts Institutions
NAFA / LASALLE
Diploma
- Apply Direct

Lasalle: O-Level with a pass
in English at Grade C6 or
better, and an aggregate
score of 25 points or better in
four other GCE O-Level
subjects

NAFA / LASALLE
3 yrs Diploma

Various
University/Work & Lifelong
Learning

What does one study at the 'A' Levels?

Select content subjects from **three** levels of study:

Choose between the Science Stream & the Arts Stream.



H1

Half of H2 in terms of curriculum time

H2

Equivalent to 'A' Level subjects prior to 2006.

H3

Subjects with opportunity for in-depth study (e.g. advanced content)

One of the content-based subjects must be a contrasting subject.

Usual subject combination:

three H2s + one H1 content subjects
(one which must be contrasting)
+ General Paper + MTL+ Project Work

Polytechnics

 Nanyang Polytechnic



Ngee Ann Polytechnic



Republic Polytechnic



Singapore Polytechnic



Temasek Polytechnic

- For students who wish to pursue **applied** and **practice-oriented** training
- Leads to a **diploma** in specific area of study
- Usually a 3-year course

		ELR2B2 : For Polytechnic Courses			
Aggregate Type		ELR2B2 -A	ELR2B2-B	ELR2B2-C	ELR2B2-D
EL		English			
R 2	1st Group of Relevant Subjects	<ul style="list-style-type: none"> • Art • Comb Humanities • Lit in English • Geography • Higher Art • Higher Music 	Elementary Mathematics <u>OR</u> Additional Mathematics		
	2nd Group of Relevant Subjects	<ul style="list-style-type: none"> • Add <u>Maths</u> • Art • Chinese • Comb Humanities • D & T • Elem Mathematics • F & N • Geography • Higher Art • Higher Music • Higher Chinese • Higher Malay • Higher Tamil • Lit in English • Malay • Principles of Acct • Tamil 	<ul style="list-style-type: none"> • Art • Comb Humanities • Geography • Lit in English • Principles of Acct 	<ul style="list-style-type: none"> • Biology • Chemistry • D & T • F & N • Physics • <u>Sci (Chem, Bio)</u> • <u>Sci (Phy, Chem)</u> 	<ul style="list-style-type: none"> • Art • Biology • Chemistry • D & T • F & N • Physics • <u>Sci (Chem, Bio)</u> • <u>Sci(Phy, Chem)</u>
B2		Best 2 other subjects excluding CCA			

Eligibility for admission into Polytechnics
Refer to JAE Booklet for net aggregate range



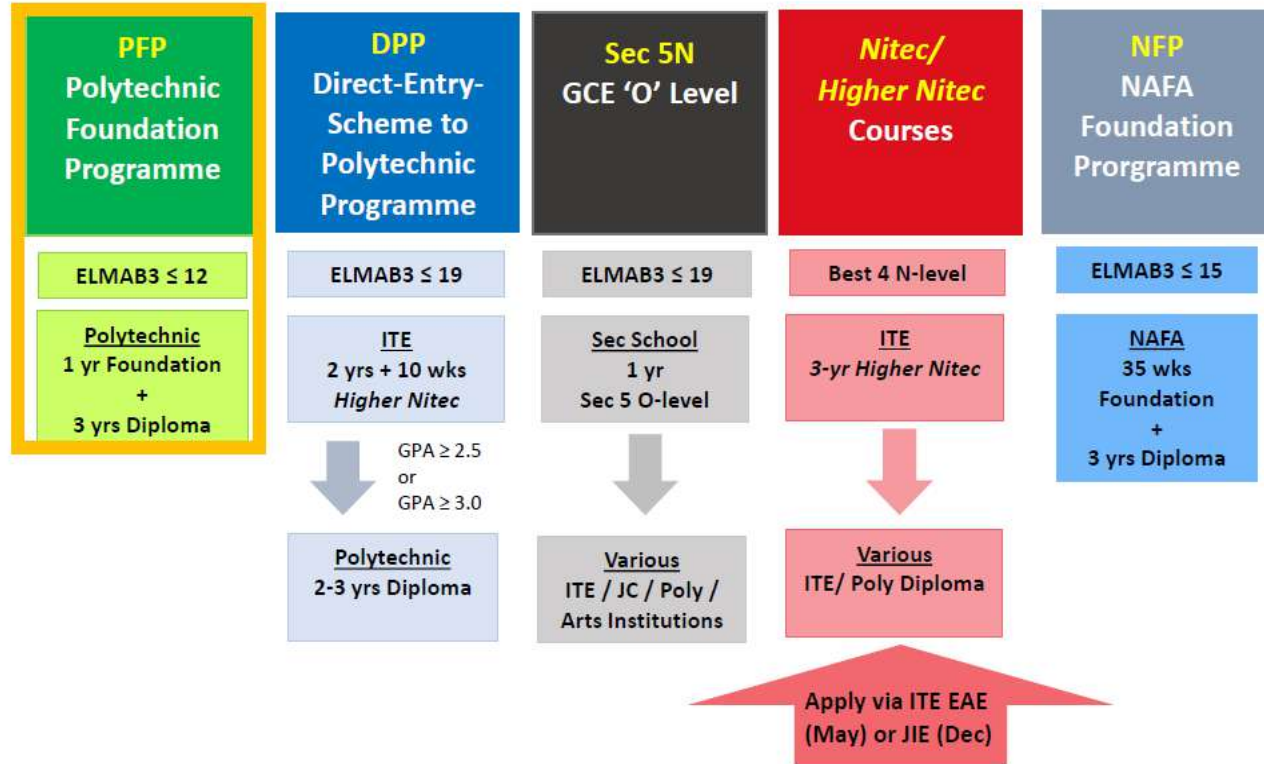
<https://www.moe.gov.sg/-/media/files/post-secondary/2025-jae/2025-jae-courses.pdf>

Education Pathways available for Sec 4N(A) students

ELMAB3

(Aggregate
English +
Maths +
Best 3 subjects)

Must be a PASS grade



PROGRESSION PATHWAYS



* By 2026, ITE will no longer offer the 2-Year *Nitec*. All *Nitec* courses will be redesigned as 3-Year *Higher Nitec* courses.

Useful ECG Resource

Learners
Leaders

For 'O' Levels –
2025 JAE
Courses



For 'N' Levels –
4NA 2025 PFP



<https://go.gov.sg/pfpportal>

Current PFP Information
<https://pfp.polytechnic.edu.sg/>

For 'N' Levels –
4NA 2025 DPP








<https://www.ite.edu.sg/courses/full-time-courses/higher-nitec-for-dpp>

For 'N' Levels –
4T & 4NA 2025
JIE Courses



Education and Career Guidance (ECG) Counsellor Contact Details

-  Mr Peter Phoa, ECG Counsellor
-  Library / ECG Counselling Room
-  Every Monday & Thursday (Term Time)
-  8 am – 5 pm
-  phoa_ang_hiok@schools.gov.sg



How to make appointment?

1. Use the link: <https://go.gov.sg/p4lbqq>
or scan the QR code below
2. Email: phoa_ang_hiok@schools.gov.sg
3. Walk-in (if available)
4. Refer by Form Teachers



<https://go.gov.sg/p4lbqq>

Experiences and Needs of Sec 3 students

Adjustment

- Adjusting to new subject classes
- Managing new subjects
- Experiencing peer pressure
- Juggling multiple responsibilities and time management

Stepping up as a Leader

- Taking on leadership challenges
- Representing schools for competitions
- Organising, leading and participating in VIA

New Experiences and Hopes

- Participating in Sec 3 Adventure Camp
- Coping with setbacks
- Embracing diversity of views (offline and online)
- Helping a cause they believe in
- Thinking about Post-Sec options





Before children can master self-control three factors must be in place:

- a. They must be **emotionally secure enough** to move from external or “parental” control to self-management **“self-control” = CALM;**
- b. They must be **behaviorally skilled enough** to know how to **act = COMPETENT;** and
- c. They must be **assured enough to take responsibility** for their **own behavior = CONFIDENT.**

For parents to help their children achieve self-regulation they need to parent with warmth, firmness and support.

The Age of Opportunity by Laurence Steinberg



School-Home-Partnership

Raising a Happy, Confident, and Kind Generation Together

Our children do best when schools and parents work hand in hand to support them.



Respectful Communication

Foster kind words and actions between parents and educators



Role Models

Show our children the skills and values they need for life



Real Connections

Cultivate strong relationships and healthy habits in this digital age



Respectful Communication

Foster kind words and actions between schools and educators



Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours





**Within school hours
(7.30 a.m. –
6 p.m.),
on working
weekdays,
and
during school
terms**



**Teachers are
not expected
to provide
their
personal
mobile
numbers**



**Urgent
messages to
teachers may
be directed to
the school's
General Office**



**Appointments for
face-to-face
meetings made at
least 3 days in
advance**

**Response
Time
3-7-21**



Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions



Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.



581
Posts

2,061
Followers

447
Following

Unity Secondary

Official Website:

www.unitysec.moe.edu.sg/

Following ▾

Message



Minister's V...



N-Levels 2...



CCA in Unity



Unity's Communication Channels with Parents

- Termly School Letter (Home-School-Connect) to Parents via PG
- Semestral Unity Newsletter (eg sch experiences)
- Parents' Briefings
- Parent Teacher Meeting (30 May 2025)
- Email to school's generic email: unity_ss@moe.edu.sg
- or teachers' emails found in School Website
- Follow us on Unity's Instagram: <https://www.instagram.com/unitysec/>
- SMS Attendance Updates



Lifelong Learners
Inspiring Leaders

Engagement Charter

- The partnership between schools and parents is an essential one.
- By promoting mutual courtesy and respect in our interactions with each other, we can be good role models for our children and build authentic partnerships that will better benefit our children.





Unitians' Sharing